Spa & Wellness

Exceptional relaxation

Time to pamper yourself

Visit Hof van Saksen, the greatest resort in the Netherlands, to really get away from it all. Spend time in a beautiful region with so much to do and relax with your family or friends.

The perfect we-time

But it's just as important to take some well deserved me-time: an opportunity to focus on yourself and do what you enjoy. In our busy lives we often take care of others at the expense of ourselves. A few hours in our Spa & Wellness may just be the wonderful me-time boost you need to recharge your batteries. The beautiful, soothing space offers a range of facials and body treatments, massages, pedicures and manicures.

Our ladies and gentlemen guests and young visitors can also choose from a number of tailormade treatments. And in between sessions or after your treatment, sit back and sample a delicious lunch. In our sauna landscape you will find a Finnish sauna, Infrared sauna and steam bath. After that, the plunge pool and whirlpool await you.

Or head straight to our sauna garden or relaxation area where you are completely free to relax. Or snooze, dream, read, lounge and rest. Also enquire about our tai chi or yoga workshops. Known to revitalise the body and soul, these workshops are very popular for a reason.

So treat yourself to some me-time at Hof van Saksen and pamper yourself with some tender loving care. Afterwards you will be ready to take on the world.

Facial Treatments

All [comfort zone] treatments are accompanied by massages and begin with a Tranquility welcome ritual, designed to relax both body and mind. Everyone's skin is different and therefore needs personalised care and attention. Our beauticians are specialised in skin analysis and the methods involved in it. They will draw up a personal treatment plan with you.

Tip

Complete your treatment with an eye mask or ampoule.

Joy of beauty facial

Relaxing facial treatment – hydrating, calming, and purifying. A pleasant treatment that has been specially developed for what your skin needs at that moment. This treatment consists of: a skin analysis, tranquility welcome ritual, cleansing, deep cleansing, removal of impurities, facial massage, mask, scalp massage and daily care.
60 minutes • 78.5

Men's facial treatment

An exclusive facial treatment for male skin that protects the skin against aging, dehydration, and impurities. It will give your skin a fresh and energetic appearance. This treatment consists of: a skin analysis, tranquility welcome ritual, cleansing, deep cleansing, removal of impurities, facial massage, mask, scalp massage and daily care.
60 minutes • 78.5

Skin regimen treatment

This is the perfect treatment for combatting modern forms of tiredness and an urban lifestyle. For anyone pushed for time and with a stressed, sallow and ageing skin. This treatment consists of: a skin routine welcome ritual, cleansing with face roller techniques, deep cleansing or fruit acid peeling, removal of impurities, mask, scalp massage and daily care.
60 minutes • 78.5

Organic facial treatment

A certified organic treatment that provides intensive nourishment for the skin. This treatment consists of: a skin analysis, tranquility welcome ritual, cleansing, deep cleansing, removal of impurities, mask, scalp massage and daily care.
60 minutes • 78.5

3-bright facial

An intensive treatment with a triple action against dark spots, hyperpigmentation, and uneven skin tone. This treatment includes: tranquility welcome ritual, cleansing, super peel, mask, scalp massage and day care.
60 minutes • 78.5

Sublime pro-lift

Give your skin the appearance and volume it deserves. Thanks to the lifting mask and the Kobido techniques called the 'active lift massage', you will experience an instantly younger looking skin.
This treatment consists of a tranquillity welcome ritual, cleansing, micropeel lotion, mask, scalp massage, active lift massage and day care.
60 minutes • 89.5

Sublime super peel

An intensive peel treatment adapted to the condition of the skin. The treatment gives you a smoother skin and helps reduce expression lines, resulting in a radiant skin. This treatment consists of a tranquillity welcome ritual, cleansing, scalp massage, super peel, scalp massage and day care.
50 minutes • 78.5

Sublime ultra glow peel

A brightening treatment to reduce tiredness, hyperpigmentation and melasma. Thanks to this peeling, the skin gets a more even appearance. This treatment consists of a tranquillity welcome ritual, cleansing, facial massage, ultra glow peel, scalp massage and day care.
50 minutes • 78.5

Sublime facial deluxe

An exclusive anti-aging treatment The power of the high-quality ingredients and the active lift massage have a strengthening and lifting eff ect. This treatment consists of: a skin analysis, tranquility welcome ritual, surface cleansing, fruit acid peel, eye mask, active lift mask, scalp massage, active lift massage and daily care.
85 minutes • 110

Add the finishing touches to your facial treatment with a wonderful eye mask or ampoule from [comfort zone]. Make your treatment an unforgettable experience.

[comfort zone] Sublime eye mask

This eye mask instantly gives you a radiant skin and a relaxed, refreshed appearance with visibly fewer wrinkles and puffiness.
20

[comfort zone] Lift and firm ampoule

This extra ampoule fills wrinkles and gives your skin an instantly younger and smoother appearance.
12.5

[comfort zone] Hydra glow ampoule

This extra ampoule fills wrinkles and gives your skin an instantly younger and smoother appearance.
12.5

Make your day complete

Our beauty specialists are also there to:

- Eyebrow and eyelash tint
- Eyebrow shaping
- Upper lip and chin wax
- Daytime/evening make-up

25 minutes • 32.5

For personal advice, you are always welcome at

the Spa & Wellness. You can of course also call us on +31-(0)592 24 59 69.

Body treatments

Escape from your hectic life for a little while and experience the total relaxation one of our body treatments can bring. We use [comfort zone] products for all of our body treatments. [comfort zone] not only cares for and improves your skin and body but also has a positive effect on your well-being. The products, treatments and rituals involve the use of powerful natural ingredients, producing the most effective results. In administering our treatments, we use a unique method that combines both traditional and modern techniques, ensuring that your experience is an unforgettable one.

Body strategist tone

A custom body wrap that strengthens, smooths, and softens your skin thanks to a scrub or peeling, and a nourishing anti-aging mask. This treatment consists of: a tranquility welcome ritual, scub or peeling, wrap, scalp massage and a body cream.
60 minutes • 78.5

Body strategist cellulite

An intensive, detoxifying treatment with a drainage effect, using thermal water from Italy and essential oils. Detoxifies and relieves your skin where there are build-ups of cellulite and fluid. This treatment consists of: a tranquility welcome ritual, peeling, wrap, scalp massage and a body cream.
60 minutes • 78.5

Himalaya salt treatment

A detoxifying and nourishing body treatment with pink Himalayan salt stone for a strong skin healing effect. This treatment involves a tranquil welcome ritual, warming your body with Himalayan salt stone, Himalayan salt packing, a head massage and nourishing body cream.
60 minutes • 78.5

Body strategist mother

A wonderful body treatment for during and after pregnancy. The strengthening and nourishing effect of the natural active ingredients will improve your blood circulation, and reduce swelling (fluid retention) and stretch marks. This treatment consists of: a tranquility welcome ritual, scrub, strengthening wrap, scalp massage and a nurturing body cream.
60 minutes • 78.5

Relaxing massage

Massages using [comfort zone] products are matched to the condition of your skin.
[comfort zone] not only cares for and improves your skin and body but also has a positive effect on your well-being. Treat yourself to a moment of pure bliss by booking one of the massages below. A focus on you for an exceptional experience.

Tip

Give the gift of a massage. We'll wrap the voucher just like a real present.

Tranquillity pro sleep massage

This treatment provides deep relaxation, improved sleep, and a balanced mind. The synergy and unique composition of essential oils, the Tranquillity sound and the relaxing and soft touch.
Soft brushes are also used.
60 minutes • 78.5

Tranquillity™ scrub ritual

This delightful scrub massage relaxes your muscles and leaves your skin glowing and soft. An effective scrub with sugar crystals and a rich texture.
60 minutes • 78,5

Relaxation massage

A full and relaxing body massage using a wonderfully heated oil. A moment to pay attention to yourself.
50 minutes • 72.5

Indian Head Massage

With this wonderful head massage, your head, hair, neck and shoulders are massaged with heated oil. The treatment improves blood circulation and helps any blockages in the body.
25 minutes • 42.5

Personalised massages

Give your body and your mind the attention they deserve. Make a reservation for one of the following treatments and relax.

Classic massage

A vigorous massage of the back of your body. During this treatment, toxins are removed, and your muscle function and metabolism are improved.

This massage is used for pain, excess muscle tension, and to combat tiredness and promote blood circulation.
25 minutes • 42.5
50 minutes • 72.5

Foot massage

With this massage, your feet and lower legs are massaged with oil. This treatment is relaxing and improves blood circulation. To finish it off, a nourishing foot cream is applied.
25 minutes • 42.5

Hot stone massage

A relaxing form of massage of the back of your body. First your body is warmed up with warm volcanic basalt rocks. You are then massaged with the basalt rocks and by hand. This massage promotes the removal of toxins, relaxes your muscles, and has a calming effect against stress.
50 minutes • 72.5

Mother massage

Submit yourself to ultimate relaxation of your body and mind. Your body may need some extra attention during pregnancy. This is a complete body massage that uses cushions filled with warm water.
This massage is suitable for women who are in the

12th to 36th week of pregnancy.
60 minutes • 78.5

For personal advice, you are always welcome at the Spa & Wellness. You can of course also call us on +31-(0)592 24 59 69.

Specially for our youngest guests

We have put together a range of treatments for the face, feet, hands and body, specially devised for children from 6 up to the age of 16.

Pretty face

A wonderfully relaxing facial treatment for young skin. The skin is thoroughly cleansed and calmed, resulting in a fresh and glowing skin.
6 up to the age of 11 • 25 minutes • 34.5

Teen clean face

A deep cleansing treatment, which includes a double cleansing, impurities are removed, and the skin is calmed and hydrated. It also has relaxing properties.
12 up to the age of 16 • 45 minutes • 64.5

Pretty hands

With this treatment, the nails get filed. The hands are scrubbed, the cuticles get treated, and a nourishing cream is applied with a massage.
The treatment ends with the painting of the nails. The fingernail polish is a present worth 23.75 and can be taken home.
6 up to the age of 16 • 40 minutes • 64.5

Relaxing body massage

This body treatment serves as an introduction to various massage techniques, including hot stone and aromasoul massage
6 up to the age of 11 • 25 minutes • 34.5 / 12 up to the age of 16 • 45 minutes • 64.5

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O·P·I Pro Spa

Discover the products by O·P·I Pro Spa. O·P·I introduces Pro Spa the first and only professional range, that applies quality and efficiency to high-

quality products that have been specially developed to care for hands and feet. The luxury manicure and pedicure formulas have been exclusively developed using the most exclusive ingredients to nourish and protect hands and nails. Pro Spa has a wide range of products.

Manicure

Mini manicure

During this treatment, we file your nails, care for your cuticles, and scrub and massage your hands with a wonderful hand cream. This treatment does not include nail painting.
25 minutes • 39.5

Manicure

A wonderful and complete manicure treatment. During this treatment, we file your nails, care for your cuticles, and scrub and massage your hands with a wonderful hand cream. We paint your nails with the infinite shine nail varnish by O·P·I. The coloured varnish, priced at 23.75, is a gift that you can take home with you after your treatment.
45 minutes • 78.5

O .P .I gel color treatment

During this treatment, your nails are filed, manicured and prepared. Your nails will be painted with a gel colour polish, after which they will be nourished with oil and a lovely hand cream. You can buy a soak-off set to remove the nail polish at home.
45 minutes • 65

Pedicure

Pedicure

During this pedicure treatment, we will cut your nails, remove your callouses, and treat any corns and/or ingrowing toenails. We round this off with a nurturing foot cream.
45 minutes • 64.5

Cosmetische pedicure

A wonderful and complete pedicure treatment. Pure pampering for your feet. This treatment starts with a foot bath, then we file your nails, care for your cuticles, and scrub and massage your feet with a nurturing foot cream. We paint your nails with the infinite shine nail varnish by O·P·I. The coloured varnish, priced at 23.75, is a gift that you can take home with you after your treatment.
60 minutes • 78.5

Pedicure deluxe

This luxury pedicure treatment is a soothing pampering of your feet. The treatment is a combination of the two pedicures mentioned above.. Afterwards, you can choose between the nail polishes with O·P·I gel colour or the infinite shine nail polish. If you opt for the infinite shine nail polish, then you can consider this a gift worth 23.75 and you can take it home with you after the treatment.
85 minutes • 110

Sauna Area

Hof van Saksen boasts extensive sauna facilities. There are a number of different saunas and between sauna treatments you can enjoy a light lunch, a snack and a drink. This is where your

body and mind achieve total relaxation.

Finnish sauna 60°C en 90°C

The pleasant heat of the Finnish sauna will allow you to completely relax. Stones are heated in the sauna to produce a dry heat. When you visit the Finnish sauna your blood circulation improves and it also has a beneficial effect on the immune system.

Turkish steam bath 55°C

The Turkish steam bath offers both relaxation and enjoyment. It consists of a room heated to around 55°C with humidity levels of almost 100%. The warmth and steam are beneficial to your airways, helping you to breathe more easily.

Infrared sauna 70°C

The infrared sauna is a moderately warm room in which the heat of the infrared heaters is transmitted to the body without the intervention of air. The infrared rays are wonderfully relaxing and are effective in easing tired or painful muscles. It is a good idea to visit the infrared sauna before having the treatment.

Footbath

It's a good idea to warm up your feet in the footbath before entering the sauna. The temperature of the water will open up the pores and improve circulation. This will make it easier for your body to perspire in the sauna. You can also use the footbath when you come out of the sauna to help bring your body back to a pleasant temperature.

Plunge pools

The plunge pool is a brilliant way to cool down after the sauna bath. It is recommended that you spend no more than 10 to 20 seconds in the plunge pool. Beyond this point, the cold water will draw too much heat from your body.

Luxury bubble bath

Once you have cooled down from the sauna, why not take a relaxing dip in the bubbles? The water jets and air bubbles create a relaxing effect. You can find the luxury Jacuzzi outside in our sauna garden with sun loungers.

Wednesday is swimwear day

Every Wednesday is swimwear day in our Spa & Wellness. On this day, guests can only access the sauna area in swimwear. The use of swim trunks, a bathing suit or bikini is mandatory all day. On other days, the use of swimwear is not allowed. Slippers are always mandatory.

If you prefer to go to the sauna in swimwear, the textile bathing day is ideal for you. You can then find out at your leisure whether you prefer to visit the sauna with or without swimwear.

Sauna admission

- *For Hof van Saksen guests, including bathrobe rental 17.5*
- *Gast Hof van Saksen including bathrobe hire with treatment 7.5*
- *For external guests, including bathrobe rental 26*
- *Flip-flops 8*
- *Towel rental (set of two towels) 6.5*

Fitness

Work up a sweat in our modern fitness room. Put on your sportswear, bring a towel and a get great free workout on any of the professional exercise equipment. The fitness room is only open to people over the age of 16 and is for the exclusive use of resort guests.

- Gym towel rental 3.5

Go to the Hof van Saksen App for the opening hours of the Fitness, Spa & Wellness and the Sauna Area.

Babysitting service 'Bij Ot & Sien'

How about taking your partner for a pampering session at our Spa & Wellness? Use the childminding services of Bij Ot & Sien daycare. Bij Ot & Sien offers childminding facilities for children from the age of six weeks and works with qualified, committed and capable staff. All staff have a Social Pedagogical Worker 3 or 4 diploma and a certificate of good conduct.

You can find more information and contact details of the childminding service in the Hof van Saksen App.

Spa etiquette

Our Spa & Wellness is a place of relaxation and tranquillity. All of our guests have the right to

privacy and peace. Please turn off your mobile phone and leave it safely in a locker while enjoying your time in the Spa & Wellness.

Good to know

- We recommend booking the various treatments and massages in advance to avoid disappointment.
- In the interests of hygiene, a towel must be used for sitting on and resting the feet on while in the sauna (except in the Turkish steam bath). Towels are available for rent at the desk in our Spa & Wellness.
- For pre-booked treatments, please arrive at least 10 minutes before your treatment is due to take place.
- The treatment times given are indicative and include any explanations, changing and/or showering.
- We recommend that you take plenty of rest and drink sufficient amounts following a treatment. This will allow the treatment to have the optimum effect.
- Anyone under the age of 18 must obtain permission from a parent/carer before undergoing treatments or massages.
- A parent/carer must be present during the treatment of children under the age of 14.
- Fitness en Sauana admission is restricted to those aged 16 and over.

- Food and drinks brought into the premises may not be consumed in our Spa & Wellness.
- Hof van Saksen cannot be held liable for the loss or theft of items or valuable objects brought onto the premises by guests and accepts no liability for injury to persons and/or damage to property

Health requirements

- Please inform us beforehand (when making your booking) about any allergies or injuries that might affect your treatment.
- Please provide the person providing the treatment with any relevant information, including medical details, before the treatment takes place and preferably on making the booking. For example, please tell us if you are pregnant or suffer from high blood pressure, have heart problems, epilepsy, etc., and if you are currently being treated by a specialist. In the event of doubt or if you have any specific questions, please consult your GP/specialist.
- Pregnant? We have treatments designed especially for expectant mothers. Our team can help you choose which treatment is most suitable for you during this special time.

Cancellation policy

Hof van Saksen retains the right to charge a certain percentage of the costs of the booked treatment in the event of cancellation:

- Up to 24 hours before the start: 50%
- From 24 to 12 hours before the start: 75%
- Within 12 hours before the start: 100%

Scan the QR code to make a reservation and find out more about our Spa & Wellness.
You can also call +31-(0)592 24 59 69.